

| Session | Role and order | Name | Affiliation | Title of the Presentation |
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| Congress Presidential Lecture | Chair | Kuo-Chin Huang | National Taiwan University Hospital | |
| | Speaker | Yasuhiro NISHIZAKI | Department of Clinical Health Science, Tokai University School of Medicine, The President of the Japan Society of Health Evaluation and Promotion | What is the future of IHEPA should be aim for? |
| Presidential Key Note Lecture | Chair | Yasuhiro NISHIZAKI | Department of Clinical Health Science, Tokai University School of Medicine, The President of the Japan Society of Health Evaluation and Promotion | |
| | Speaker | Toshio KUSHIRO | Life Planning Center, Hinohara Memorial Clinic | Journey of IHEPA and Future of Comprehensive Health Evaluation |
| Special Lecture <i>Symposium between situation of health evaluation and promotion in other countries and by the associations and companies who run the Japanese-style Health Evaluation and promotion</i> | Chair | Yasuhiro NISHIZAKI | Department of Clinical Health Science, Tokai University School of Medicine, The President of the Japan Society of Health Evaluation and Promotion | |
| | Chair | Takahiro AMANO | Honorary Director, Sanno Medical Center, Specially Appointed Professor, School of Medicine, Internal University of Health and Welfare, Board Chairperson, Japanese Commission on Accreditation of Health Evaluation Organizations | |
| | Speaker | Manami HORI Signe Smith Jervelund, Anna Elisabeth Winsløw | Tokai univeserity, University of Copenhagen | Comparative analysis of health-check up and cancer screening policies between Denmark and Japan |
| | Speaker | YU-LUNG CHEN | Health Evaluation Division, China Medical University Hospital, Taichung City, Taiwan | Development and current situation of comprehensive check-up in Taiwan. |
| | Speaker | Jun Won SEO | Korea Medical intitute | National Health Screening Program of Korea |
| | Speaker | Thi Hong CAO | Cho Ray Hospital, Vietnam | HEALTH EVALUATION AND PROMOTION IN VIETNAM AND AT HECI CENTER, VIETNAM |
| | Speaker | Masaharu MORITA | FUJIFILM Corporation | NURA health screening program |
| | Speaker | Sayaka HIROSE | Yangon Japan Medical Centre | Prospects and Challenges in Medical checkup in Myanmar |
| | Speaker | Jin IMAI | Department of Clinical Health Science, Tokai University School of Medicine | History of Economic Development and Disease Transformation in Japan -Monthly Blood Pressure Measurement Saves Malawi - |
| Key note Lecture 1 | Chair | Yoshikazu YONEI | Anti-Aging Medical Research Center and Glycative Stress Research Center, Faculty of Life and Medical Sciences, Doshisha University | |
| | Speaker | Junichi KABURAKI | Preventive Health Care Center of Jiseikai Medical Group | Management of Frailty, Sarcopenia and Locomotive syndrome in the Health Evaluation and Promotion |
| Key note Lecture 2 | Chair | Wen-Yuan LIN | Department of Family Medicine, China Medical University Hospital and China Medical University | |
| | Speaker | Kengo MORIYAMA | Department of Clinical Health Science, Tokai University School of Medicine, Tokai University Hachioji Hospital | Ensuring reliability in clinical laboratory testing – The Japanese Society of Health Promotion and Evaluation’s precision control survey |
| Key note Lecture 4 | Chair | Vicki SHAMBAUGH | Pacific Health Research and Education Institute | |
| | Speaker | Curtis LOWERY | Pacific Health Research and Education Institute | The Technology Driven Evolution of Healthcare, an Obstetrical Example |

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| Key note Lecture 5 | Chair | Katsuyuki FUKUTAKE | Department of Blood Coagulation Diseases, Ogikubo Hospital, Tokyo, Tokyo Medical University, The Japan Society of Health Evaluation and Promotion | |
| | Speaker | Vicki SHAMBAUGH | Pacific Health Research and Education Institute | Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial and National Lung Screening Trial (NLST): Findings Over 30 Years |
| Symposium 1 <i>Health literacy in the digital society</i> | Chair | Hiroshi FUKUDA | Department of Advanced Preventive Medicine and Health Literacy Graduate School of Medicine, Juntendo University | |
| | Chair | Atsuhiko TAKAHASHI | Department of Food and Nutrition, Junior College, Nihon University | |
| | Speaker | Peter Wushou CHANG | Asian Health Literacy Association; Show Chwan Healthcare System | Enhance health literacy to empower health evaluation and promotion |
| | Speaker | Teguh Haryo SASONGKO | Institute for Research, Development, and Innovations, IMU University, and Cochrane Malaysia | Bringing Evidence to Life: Cochrane Research Translated for Malay-Speaking Populations |
| | Speaker | Hiroshi FUKUDA | Department of Advanced Preventive Medicine and Health Literacy Graduate School of Medicine, Juntendo University | Workplace Health Promotion and Digital Health Literacy |
| Symposium 2 <i>Anti-Aging</i> | Chair | Yoshikazu YONEI | Anti-Aging Medical Research Center and Glycative Stress Research Center, Faculty of Life and Medical Sciences, Doshisha University | |
| | Chair | Chizumi YAMADA | Department of Clinical Health Science, Tokai University School of Medicine | |
| | Speaker | Naoaki ISHII | Tokai University | From basic aging research to anti-aging |
| | Speaker | Richard ALLSOPP | University of Hawaii | FOXO3, Telomeres and Aging: New Insights into the Regulatory Mechanisms |
| | Speaker | Chizumi YAMADA | Department of Clinical Health Science, Tokai University School of Medicine | Challenges and advancements in the anti-aging health check-up system |
| | Speaker | Yoshikazu YONEI | Anti-Aging Medical Research Center and Glycative Stress Research Center, Faculty of Life and Medical Sciences, Doshisha University | Long-term observation cases in anti-aging medical checkups |
| | Speaker | Bradley WILLCOX | Department of Geriatric Medicine, John A. Burns School of Medicine, University of Hawaii, United States of America | Gerotherapeutics: the new Clinical Science of Aging |